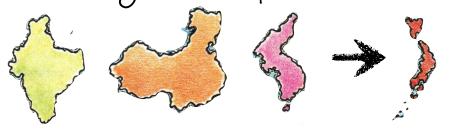


Other Asian cultures influenced Japan, but Japan built on these ideas to build their own unique culture.



Nara had been the Japanese capital, but in 794 the capital was moved to **Heian-kyo**. This began what's called the Heian period-Japan's **Golden Age**.

The Heian Period was a time of unique cultural developments.

culture



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golden-age



Heian-kyo: The Heart of Japan's Golden Age - Chapter 21 Heian-kyo: the new capital

Heian-kyo was the first truly Japanese city. Heian-kyo means "The Capital of Peace and Tranquility." It is where present day Kyoto is.

Heian-kyo was lovely and *elegant*. It had forested hills, streams, waterfalls and lakes.

Large
mansions
were
surrounded by
gardens and
acres of land.



Shrines and temples blended with the area's natural beauty.







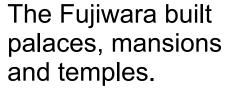
The Fujiwara Family

The Fujiwara family ruled Japan for almost 300 years, but they were never actually "rulers." In Japan, the emperor's family was descended from the sun goddess, but the Fujiwara's still found their way to power.

The Fujiwara family married their young daughters to men in the royal family.

They convinced old emperors to retire so a Fujiwara child could take the throne and they could have great influence.











Social Position in Heian Court

Social rank was very important in Japanese culture. Being born to a high-ranking family was more important than personal qualities or skills.



Your rank determined what colors you could wear, what kind of house you had, the fan you used, the height of your gates at your house and even how you were punished for crimes.







Entertainment

The *aristocrats* had plenty of free time for sports, games and contests. Men enjoyed horse races, archery and sumo wrestling. Women enjoyed boat races, dance and drama.

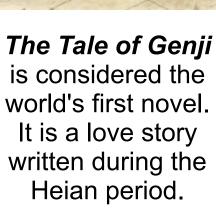




Writing and Literature

Writing was valued during the Heian period. Everyone was expected to be able to make up poetry~even on the spot in social situations. Poetry was about nature and love, using *imagery* from nature.





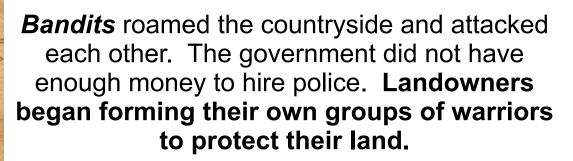


Heian-kyo: The Heart of Japan's Golden Age - Chapter 21
End of the Heian Period

Aristocrats lived well during the Heian period, but poor country farmers did not.

Rich aristocrats did not have to pay taxes and over time the government lost money. The rulers began to lose control.





By the 12th century there was civil war. At the end, a military family had taken over Japan and the Golden Age was over.